

Woodbridge events

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First Selectwoman's Corner

The beauty of spring is a reminder of our responsibility as environmental stewards, a responsibility we take seriously in the Town of Woodbridge.

As individuals, over 120 of us have recently taken advantage of home energy audits that provided energy efficient lighting, low-flow showerheads and more. Solar panels have been installed on over 80 Woodbridge homes. Many Town residents participated in our first One Book One Town program last summer, reading "Animal, Vegetable, Miracle" which fit well with residents' interest in sustainable agriculture and eating locally.

At the Town level, we are ever on the lookout for "green" opportunities. We were one of the first Towns to receive a State grant to establish a microgrid powered by green energy (a fuel cell) that will provide locally generated electricity to our Town center buildings and Amity High School during prolonged power outages. On the solar front, the Beecher Road School renovation project includes a significant solar array. As a result of our "green activity," the Town was awarded a \$10,000 grant to be used for energy saving projects of which \$2,500 was used to provide LED light bulbs at no cost to Town residents.

We have taken advantage of the State program that provides electric car charging stations, installing one in the parking lot

behind Town Hall. A second will be installed at the Library.

The Ad Hoc Committee on Best Organic Practices made recommendations that will guide management of the Fitzgerald Property. This complements our existing organic standards for the Community Gardens.

Our commitment to best organic practices is also evident in the Town's support of Massaro Community Farm; Woodbridge residents make the entire 57 acre parcel available at no charge to Massaro.

Woodbridge is part of the West River Watershed Compact, a multi-town effort that will help protect, preserve and beautify the West River.

And there is more to come! We are working on a solar array project for the capped landfill to provide enough electricity to cover most of the Town's needs.

Continued on page 3



Ellen Scalett
First Selectwoman

Levey Miller Maretz

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I hope to see you at our burgeoning Farmers' Market, now in its 3rd year. It will be held on Wednesdays, 3:30-6:30 pm, June 29 through August 31 at the Library Lawn. And of course, our popular Concerts on the Green continue on Tuesdays in July.

More ideas? Please let me know! escalett@woodbridgedct.org.
And stay up to date on Town news: tinyurl.com/WoodbridgeEnews.

events

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860-767-9087 Fax 860-767-0259
email: print@essexprinting.com
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PUBLISHER

William E. McMinn

DIRECTOR OF ADVERTISING/OPERATIONS

Suzanne Spires 860-391-5534
suzanne@essexprinting.com

ART DIRECTOR / ARTICLE COORDINATOR

Kathy Alsop 860-391-4372
kathy@eventsmagazines.com

COVER EDITOR

AC Proctor 860-767-9087

SALES REPRESENTATIVES

VERNON • TOLLAND

Tom Fortin 860-299-4568
tom@eventsmagazines.com

ESSEX • WESTBROOK • CLINTON • MADISON

Ward Feirer 914-806-5500
wfeirer@gmail.com

OLD SAYBROOK • OLD LYME • EAST LYME

Betty Martelle 860-333-7117
betty@eventsmagazines.com

MONTVILLE • NEW LONDON • STONINGTON

Chris Angeli
c 860-391-5725
cangeli@eventsmagazines.com

BRANFORD • GUILFORD • WOODBRIDGE

Nancy Lee Salk
c 203-219-3282
nancy@eventsmagazines.com

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Woodbridge Town Library Events

Woodbridge Town Library Farmers' Market Returns: Wednesdays from 3:30-6:30 pm from June 29–August 31 at the Woodbridge Town Library

Don't miss the third annual Farmers' Market at the Woodbridge Town Library. Stop by to get local produce, meat, syrup, and handmade items.

We have Children's events at every market. Join us for these exciting events:

June 29–Balloon Animals with Ed Popielarczyk 3:30-6:30 pm

July 6–Card Tricks with Chick Kelman 4:30-5:30 pm

July 13–Farmology for Kids with the Stamford Nature Center 4:30-5:30 pm

July 20–Todd Brodeur's World Class Frisbee Show 3:15-4:00 pm

July 27–Animals in Motion with the Stamford Nature Center 4:30-5:30 pm

August 3–Face Painting from 4-6 pm

August 10–Hooked on Llamas 4:30-5:30 pm

August 17–Card Tricks with Chick Kelman 4:30-5:30 pm

August 24- Make-it-and-Take it Crafts 3:30-5:30 pm

August 31- Make-it-and-Take it Crafts 3:30-5:30 pm

Woodbridge Town Library Continues 3rd Annual Reading Together Summer Program! Read a book. Ask a question. Start a conversation and Share the Joy of Reading with a Child.

Training for Teens:

The Woodbridge Library will train high school students to read with young children to help them connect with the stories they read and encourage them to read for pleasure. There are three training sessions offered, teens must attend **one** session in order to participate in the program.

Training schedule:

Session 1: Wed. June 15, 2016, 6:30-7:30 pm

Session 2: Wed. June 22, 2016, 6:30-7:30 pm

Session 3: Fri. June 24, 2016, 11:00 am-noon

Teen participation will be eligible for Community Service hours. Online registration for teen training began May 5. www.woodbridge.lioninc.org

Teens who participated in 2015 need not repeat the training.

For more information please stop by the Children's Desk, or call 203 389-3439.

Reading Together Sessions for Children in Grades K-3

The library will offer Reading Together Events on Thursday evenings at 5 pm, July 14-Aug.11.

Children entering grades K-3 will be paired with our trained teens. Online registration begins June 28.

Alfred Pullo of Woodbridge School District Wins Annual Award for Keeping Students Healthy

The Connecticut Department of Public Health assists school districts in monitoring students' environment throughout school facilities. It helps schools implement building wide initiatives to safeguard and improve the student environment and air quality of our schools. This state agency helps implement EPA guidelines for healthy school environments. One of the ways to do this is Tools for Schools (TFS).

Alfred Pullo, Director of Business and Operations for the Woodbridge School District, launched the TFS initiative approximately four years ago at Beecher Road School. The TFS program monitors and inspects classrooms and school facilities dealing with health issues as wide ranging as the age of carpets to installing hand sanitizers in large gathering areas without running water such as Tech Labs and Gyms.

Each year the CT School Indoor Environment Resource Team chooses a person who has shown leadership in addressing school indoor environmental quality and has championed the Tools for Schools Program. The Woodbridge School District is proud that the recipient of the 2016 Connecticut Tools for Schools Hero Award is Alfred Pullo.

An award ceremony was held on April 5 at Beecher Road School in Woodbridge. Superintendent Dr. Guy Stella officiated and state officials were on hand to celebrate and to present the award.

Congratulations to Al Pullo and to the members of the Tools for Schools Committee for their outstanding work.

Friends of the Woodbridge Library Looking for Book Donations!



The Friends of the Woodbridge Library is accepting gently used books, CD's, and DVD's, and puzzles for its second annual book sale!

Please stop by the library anytime during open hours: Monday-Thursday from 10am-8pm or Friday and Saturday from 10 am-5 pm to drop off your donations.

When choosing what to donate please keep the following in mind. We are looking for fiction and nonfiction books in good condition for adults, children, and teens. We cannot accept textbooks, magazines, encyclopedias, Readers Almanacs, or National Geographic magazines.

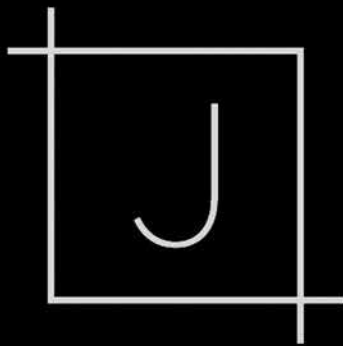
Materials donated should not have writing, torn pages, underlining, or highlighting in them. Please do not donate books with yellowed pages, odor, or mildew.

We are also looking for gently used CD's and DVD's. We are not accepting VHS, cassette tapes, or vinyl records.

The book sale will take place from June 3-5. Friday, June 3, is a special preview night for Friends of the Library members only from 4-7 pm. You can become a Friends of the Library member at the door that evening by filling out an application and submitting membership dues. You can also join any time before the book sale by filling out an application at the Circulation Desk. Membership starts at \$15 for an individual membership, \$25 for a family membership, and \$10 for a senior or student membership. The book sale will be open to the general public on Saturday, June 4, from 11 am-4 pm and Sunday, June 7, from 11 am-3 pm.

The Friends of the Library are looking for volunteers (adults and teens in grade 9 and up) to help out with the book sale. Duties of volunteers will include organizing and sorting books in the weeks leading up to the book sale and help at the event.

Please contact Marisa Von Beeden at 203-650-3640 to get involved.



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Woodbridge Residents Can Kill a Watt



Woodbridge residents can now learn how much energy they are spending on their appliances. Five Kill-a-Watt meters are available for check out at the Woodbridge Town Library thanks to the Woodbridge Ad Hoc Energy Advisory Task Force—Lisa Connor, Lor Ferrante Fernandes and Paul Rossi—and Energize CT.

The Ad Hoc Energy Advisory Task Force is committed to educating Woodbridge residents about how to reduce their energy usage. “This device can help residents get a handle on

their electric usage,” said Task Force Chair Lisa Connor. “They can see how unplugging appliances when they’re not in use or upgrading to more energy efficient models will impact energy consumption and costs.”

To use a Kill-a-Watt meter, plug it into the wall and then plug the appliance into the meter for a day. At the end of the day the meter will tell you how many kilowatt hours the appliance used. To see how much that appliance is costing you per day, month or year simply multiply that number by the electric rate shown on your bill. “I’d like to thank the Energy Advisory Task Force for their continued work to educate our residents about how to save energy and money,” said First Selectwoman Ellen Scalettar.

The First Church of Christ, Woodbridge 61st Annual Strawberry Festival

The First Church of Christ, Woodbridge will hold its 61st Annual Strawberry Festival on June 10th and all are welcome to join them on the Green at the First Church of Christ, 5 Meetinghouse Lane, Woodbridge, 6:00 to 8:00 pm. “Reelin’

Away” will entertain with old-time fiddle and banjo music. Burgers, cheeseburgers, veggie burgers, hot dogs, salad, chips and drinks will be served. Strawberry shortcakes are made from scratch. The cost of the complete meal is \$12 or just shortcake

is \$6. Take-out is available. All proceeds go to the benefit of the Church and its programs. The festival will be held indoors if there is inclement weather. Please call the Woodbridge First Church Office at (203) 389-2119 with questions or for directions.



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Energize Connecticut



Gayle Slossberg

I have made it my priority to work with business leaders and develop new strategies to protect our environment, cut down on waste and create new jobs. Energize Connecticut is a great example of this partnership between the state and your local electric and gas utilities that helps you save money and use clean energy. In 2015, more than 978,000 Connecticut residents, business and municipalities took advantage of Energize Connecticut,

resulting in savings of nearly \$1 billion in lifetime energy costs. Nearly 3,000 businesses became more competitive and sustainable through solutions that improve the efficiency of their facilities and the behavior of the people who work within them. In addition to making Connecticut's energy use more efficient, this initiative has generated 9,258 jobs and avoided lifetime greenhouse gas emissions of over 3.3 million tons. That's about the same impact as removing nearly 787,000 cars from the road for a year.

Energize Connecticut is available for you to use at your home or business. Anyone interested in saving money on their electric bills can visit EnergizeCT.com or call **1-877-WISE-USE**.

There are many private vendors that will help improve the energy efficiency of a business or residence. Vendors will even come to your home and conduct an energy efficiency assessment, identifying ways to lower your electric bill, including better insulation and the installation of high-efficiency light bulbs. Additionally, you can shop for a private electric supplier to lower the generation portion of your electric bill.

Gayle Slossberg
State Senator, 14th District

Woodbridge Caring Community: A Support Group Network

If you are providing help to another person in need and looking for support, join us on Monday May 23 at 6:00 pm in the Woodbridge Town Library, 10 Newton Road, Woodbridge.

Come and meet others in similar situations and learn about resources available in the community. Refreshments will be served. Please RSVP to Mary Lee Raro, 203-389-3429.

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Employees, Residents Recognized Through Person of the Month Program



Adam Parsons
Accepts Person of the Month Award from
First Selectwoman Ellen Scalettar



Elaine Marcucio
Accepts Person of the Month Award from
First Selectwoman Ellen Scalettar



Charlie Whiting
Accepts Person of the Month Award from
First Selectwoman Ellen Scalettar

First Selectwoman Ellen Scalettar initiated a Woodbridge Person of the Month Recognition program to spotlight the many Woodbridge residents, volunteers and employees who go above and beyond the expected in their dedication and commitment to Woodbridge and its residents.

In February, Adam Parsons, the Town's Parks Director and Deputy Tree Warden, was recognized; in March, Elaine Marcucio, Senior Center Chef, was recognized and in April, long-time volunteer Charlie Whiting was recognized.

Adam Parsons

Adam Parsons has worked for the Town of Woodbridge for 16 years and serves as the Town's Parks Director and Deputy Tree Warden. He is responsible for organically maintaining much of the Town's public spaces.

"The Town of Woodbridge is fortunate to have Adam as an employee," said Scalettar. "Adam always has the Town's best interests in mind. He goes well beyond his job duties to make sure the Town's parks and ball fields are beautiful and safe."

During a site visit to the Fitzgerald Field by the Ad Hoc Committee on Best Organic Practices, Parsons was praised by a state Department of Energy & Environmental Protection wildlife biologist for doing an outstanding job of organically managing the fields and creating habitat for birds and butterflies.

Elaine Marcucio

Since 2011 Elaine Marcucio was the chef at the Town's Senior Center, providing a hot, healthy and tasty lunch for seniors every Tuesday and Friday. In the summer, Marcucio prepared

meals using fresh produce from the Senior Center's garden. Marcucio frequently went above and beyond by making breads, candy and treats for the luncheons on her own time.

Marcucio also runs her own business, Young at Heart, and has left the Senior Center to focus on her business. As just one example of her selflessness, she offered to stay on until her replacement was hired and trained.

"Our Woodbridge seniors have been spoiled by Elaine's tasty meals and dedication; it will be a tough job to fill her shoes," said Scalettar.

Charlie Whiting

Charlie Whiting founded Woodbridge's Boy Scout Troop 63 in 1963. Since then he has served as Scout Master, mentor, counselor, guide and friend to hundreds of boys.

In addition to his commitment to the Boy Scouts, Whiting has been a member of the Volunteer Fire Department since 1948 and served as Assistant Fire Chief from 1983-1985. He worked for the Town's Highway Department for 32 years and during that time he helped start the Town's labor union.

"Charlie has done so much to contribute to the quality of life in Woodbridge, including guiding and inspiring our young men, protecting our residents and organizing Town employees," said Scalettar. "Woodbridge would be a very different place without him."

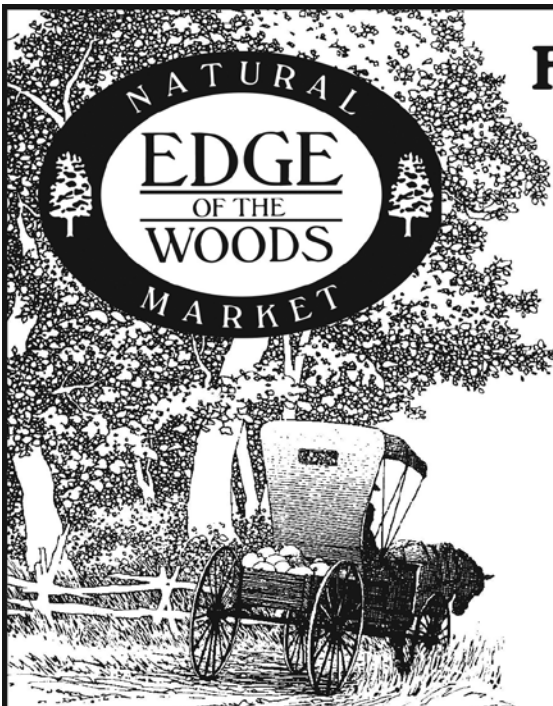
If you know a Woodbridge employee, resident or volunteer who's gone above and beyond expectations, please nominate that person for this award by contacting Betsy Yagla at byagla@woodbridgect.org or 203-389-3403.

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Superintendent of Woodbridge School District Retires After 10 Years

Dr. Gaeton (Guy) Stella, Superintendent of the Woodbridge School District, is retiring at the end of the 2015-2016 school year.

He began his job as superintendent in January 2006. He has been an educator for over fifty years. Dr. Stella has a history of proven leadership in several positions in New York and Connecticut. He has been a visionary catalyst for positive change, a strategic planner and communicator. Dr. Stella has achieved a high level of success in local, national and international education.

Dr. Stella completed his education in 2002 in the PhD program at Fordham University with a dissertation that was formally acknowledged as the best of the year. During his career he has completed course work at various universities including Harvard, Cornell, Georgetown, Columbia and St. John's University.

He garnered four Fulbright Scholarships during his career for educational work in Ecuador, Chile, India and Egypt.

Before assuming the superintendent's position in Woodbridge, Dr. Stella served for nine years as principal of Fiorello Laguardia School in the Bronx. This was followed by a brief supervising principal position with responsibility for 20 schools, also in the Bronx. His final position there was as deputy superintendent for 31 schools.

Dr. Stella then moved to Connecticut to serve as assistant superintendent for eight years in Stratford where he directed the administration and supervision of nine elementary schools.

During his tenure in Woodbridge Dr. Stella continued to exhibit a longstanding

farsighted view of educational possibilities resulting in creative innovations for the school district. For example, he expanded the use of visiting teams of educators from the Tri-State Consortium to review and evaluate current practices in the Woodbridge School District. More mundanely, but complex in scope, he worked in partnership with the town building officials and school board to develop a strategic plan for a multi-million dollar school facility upgrade.

Dr. Stella's career has been one of achievement and success for the many students in his care. He worked tirelessly to expand his understanding of the complexities of modern education and to implement programs and strategies to address them.



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Taking a "Paws" to Read



Analisa Sherman, therapy dog Annie,
Teresa Nakouzi, Ethan Marin

A Therapy Dog International (TDI) Reading Dog visited the Language Arts Center in Beecher Road School. This gentle Labrador retriever, Annie, is a trained therapy dog and is both medically and behaviorally screened. She is owned by the Marin Family, longtime

residents of Woodbridge. Students selected books of their choice for Annie during her visit. Over the past 5 years, Beecher has been fortunate to have a reading dog available for its students.

Annie provided and will continue to provide our school community with an experience of joy and fun. Students were relaxed, and reading with Annie who motivated them to read, laugh, and feel empowered.

Annie created an atmosphere of pride at the Beecher Road School and students were heard saying, "We have a reading dog!"

Call for Photo Submissions

Share your favorite views and images of Woodbridge! The Town of Woodbridge is calling for photo submissions to be used in various media including social media, a new Town website and printed materials.

"I want our Town communication vehicles to be as beautiful as our Town," said First Selectwoman Ellen Scalettar. "This call for photographs ties in to my priority to improve communications and build community by recognizing some of our talented residents."

Please submit your favorite high resolution digital photograph – vertical or horizontal – to Betsy Yagla at byagla@woodbridgedt.org. Photos may be of any Woodbridge location in any season. If people appear in the photo you must include their permission to be represented for this purpose.

When practical, photos that are published will be credited with the photographer's name. Please identify the location of your submission and how you would like your name to appear should we choose your photo.



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Dwight Rowland 203-215-0266

BETHWOOD GIRLS SOFTBALL LEAGUE

John Pfannenbecker..... 203-803-0745

..... www.bethwoodsoftball.org

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David Metzger, Troop Committee Chair 203-387-1984

John Zeek, Scoutmaster 203-389-1429

BOY SCOUTS OF AMERICA – TROOP #907

Tom Luciani, Scoutmaster 203-804-3462

David Lober 203-915-9796

CHAMBER OF COMMERCE

WOODBRIDGE/BETHANY BUSINESS COUNCIL OF THE

GREATER NEW HAVEN 203-787-6735

COMMUNITY GARDEN - WOODBRIDGE

Andy Stack 203-397-0818

Thera Stack woodbridgecomgarden@gmail.com

COUNTRY CLUB OF WOODBRIDGE..... 203-387-2278.

CUB SCOUT PACK #902 - WOODBRIDGE

Michelle Mann 203-387-9661

mrsmmann@hotmail.com

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Mia von Beeden, President 203-387-3349

Friends Bookstore 203-389-3493

GARDEN CLUB OF WOODBRIDGE

Denise Rock, President..... 203-389-7453

Susan Hildebrand, Membership Chair..... 203-387-3543

GIRLS SCOUTS OF CT - AMITY SERVICE UNIT

..... 203-239-2922 ext. 3334

HISTORICAL SOCIETY – AMITY/WOODBRIDGE

Alexia Balperron 203-768-1029

info@woodbridgehistory.org

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Mary Ellen LaRocca 203-389-3429

THE WOODBRIDGE LAND TRUST INC.

Bryan Pines 203-671-4753

woodbridgelandtrust@gmail.com

LEAGUE OF WOMEN VOTERS – AMITY

Pua Ford..... lwvamity@lwvct.org

LIBRARY - WOODBRIDGE..... 203-389-3434

Children's Library..... 203-389-3439

MASSARO COMMUNITY FARM, INC.

David Schneider, President..... 203-393-3721

NEW ENGLAND COMETS PREMIER SOCCER CLUB

info@necomets.com

ORT AMERICA - WOMEN'S AMERICAN ORT

Marcia Jamron..... 203-795-4444

WOODBRIDGE PARK ASSOCIATION INC.

..... www.woodbridgeparks.org

QUINNIPIACK VALLEY HEALTH DISTRICT 203- 248-4528

RECREATION DEPARTMENT – WOODBRIDGE

John Adamovich, Director 203-389-3446

ROTARY CLUB WOODBRIDGE

Robyn Reilly, President 203-387-8181

Woodbridgerotary.org / www.facebook.com/woodbridgerotaryct

SENIOR CENTER - WOODBRIDGE

Lee Canning, Director 203-389-3430

SOCCER LEAGUE - WOODBRIDGE

..... www.woodbridgesoccer.org

YOUTH SERVICES

Nancy Pfund, Director 203-389-3429

SCHOOLS

AMITY REGIONAL SCHOOL DISTRICT #5

Dr. Charles "Chip" Dumais, Superintendent 203-397-4811

EZRA ACADEMY

Risa Vine 203-389-5500

WOODBRIDGE SCHOOL DISTRICT

Dr. Gaeton "Guy" Stella, Superintendent..... 203-387-6631

WGATV: Available as you like it

Cable, DVD, U-Verse, internet on-demand and live—all these are ways that Woodbridge residents can see their local government meetings, find out who really said what, and get a clue to what's going on in town. Woodbridge Government Access Television (WGATV) is the town-specific cable channel for Woodbridge. WGATV has been running on Cablevision (channel 79) for Woodbridge since the year 2000. Because WGATV's primary goal is to make local government more accessible and understandable to the residents of Woodbridge, we have worked to find other ways to make our programs available.

DVDs of most programs are available for check out at the Town Library. These normally play more easily on DVD or BluRay players than on computers. Meetings from the past two years can be found at the reference/information desk.

WGATV has a YouTube channel with videos dating back to 2011. Programs are arranged in playlists, sorted by major boards and commissions and by fiscal year.

There are also playlists for special topics, like the 2015 Energy Challenge workshops and the 2011 meetings on the Toll Brothers proposal.

In December 2013, WGATV was connected to the U-Verse video service (now known as Frontier TV) and became available to anyone subscribed to that service in Connecticut. Many public, educational, and governmental access channels in the state can be found on the channel 99 menu, arranged alphabetically by town. Under Woodbridge, viewers should look for "WGATV - GOVT ACCESS TV."

Most meetings taking place in the Town Hall main meeting room are narrowcast live on either Cablevision or U-Verse/Frontier TV. With an aim to provide live coverage from other places in town, WGATV started subscribing to a streaming service in December 2014. So far, we have been able to stream meetings from Town Hall, the new Fire Station and the Senior Center, but we are working toward

streaming from the Center gymnasium, where most Annual Town Meetings, hearings, and large informational meetings take place.

Because meetings vary in length and evening programs may be preempted by live programs, it can be difficult to predict a regular schedule. Our schedule is updated often on the WGATV blog, <http://wgatv.blogspot.com>, which also hosts links to the YouTube channel and the streaming channel.

WGATV welcomes feedback from viewers—whether it's about the new ways to view meetings or the perennial problem of the audio level. Leave a message for the WGATV coordinator, Pua Ford, at Town Hall, or e-mail wgatv79@gmail.com.

Direct link to streaming channel:
<http://dv2.discovervideo.com/play/?id=7n-437hz&type=flash>

Direct link to YouTube channel: <https://www.youtube.com/user/wgatv79>

Quinnipiack Valley Health District (QVHD)

QVHD is the public health department for the towns of Bethany, Hamden, North Haven and Woodbridge

Visit our website at www.qvhd.org for information related to your health.

Let your voice be heard! Complete a community health assessment.

The health of a community is not just the absence of illness or disease. Rather, the health of a community involves all aspects of life, including economic, recreational, environmental, cultural and spiritual aspects. In order to make sound decisions about what is needed for a healthy community, there must be an understanding and a systematic examination of the current health status. Quinnipiack Valley Health District (QVHD), the public health department for Bethany, Hamden, North Haven

and Woodbridge, has initiated a community health assessment (CHA) for the district.

This is the first time a formal health assessment initiative has been undertaken. QVHD will also be forming a coalition of community partners to look at health indicators for the district in order to identify strengths and weaknesses of the community and subsequently adopt strategies to address community health needs. A CHA will lead to a Community Health Improvement Plan. The ultimate goal of this project is to improve the health of district residents.

Visit the QVHD website, www.qvhd.org, to complete a survey so you can be part of this exciting project and have your voice heard.

For more information, call QVHD, 203-248-4528.

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Household Hazardous Waste

Household Hazardous Waste located at 90 Sargent Drive, New Haven, CT at the Regional Water Authority will open for Saturday Collections on Saturday, May 14th, 2016 to accept residential household hazardous waste.

Residents may bring their hazardous waste to this collection site on Saturday's between the hours of 9:00 am – noon. Residents of Woodbridge, Bethany, and Orange are encouraged to look around their homes for any hazardous chemicals and/or cleaners that can be properly disposed.

The Town of Woodbridge will be hosting a Household Hazardous Waste satellite collection on Saturday, October 15 from 9:00 am – noon at the Woodbridge Transfer Station located at 85 Acorn Hill Road Extension.

This collection is open to residents from Woodbridge, Bethany and the Town of Orange. This is a great opportunity to spring clean around the home and get rid of unwanted chemicals.

Volunteers are needed to help run this beneficial program. If you are 17 years of age or older, and would like to volunteer during the satellite collection, or “hometown” day, please contact the Public Works Office at (203) 389-3420, or you may contact Tom Burns, HazWaste Coordinator at the Regional Water Authority (203) 401-2712. You may also access the RWA website at www.rwater.com for information.

This year the scheduled “hometown” day for Woodbridge is Saturday, July 23, 2016. This “Hometown” collection is held at the Regional Water Authority building, 90 Sargent Drive, in New Haven from 9:00 am – noon.

Volunteers are needed to hand out cards, and assist with directing traffic. At no time does a volunteer come in contact with any hazardous material. This worthwhile program depends on volunteers for its continued success and benefits to our communities.

**Sign up for the Town
Enewsletter:**

tinyurl.com/WoodbridgeEnews

Rotary Club Wine Tasting and Auction

The Woodbridge Rotary Club is planning their Annual Rotary Club Silent Auction and Homemade Wine Tasting on Thursday, May 19th, 6:00 pm -9:30 pm at the Woodbridge Club, 10 Milhaven Rd., Woodbridge.

The event will feature homemade winemakers serving their finest and food by local restaurants. This year, the Woodbridge Rotary Club chose agencies trying to help those who need food assistance as the beneficiary of the monies

raised. Proceeds will benefit D.E.S.K. (Downtown Evening Soup Kitchen) CT Food Bank and Stop Hunger Now.

Donations are being sought for their Silent Auction of sports and theater tickets, gift certificates, gift baskets and other goods and services that would make the Silent Auction successful and fun. Also, The Rotary Club is seeking sponsors for their ad book. The Program Sponsor ads are \$100 for a full page ad, \$50 for half page ad and \$25 for business card size ads.

Tickets for the event are \$35. For more information or tickets to the event, contact Buddy DeGennaro at 203-710-2548 or email buddy.degennaro@gmail.com, Tony Anastasio at 203-980-9373 or email tonya33@optonline.net, Robyn Reilly at 203-668-3008 or email robyn@sfg4life.com or Chris Lovejoy at 203-671-5684 or email Chris.lovejoy@cbmoves.com.

Homemade wine makers should contact Buddy DeGennaro.

Rabies Clinic Offered

Woodbridge Animal Control, One Big Dog Animal Respite Fund, Inc., and Woodbridge resident, Dr. Sasha Golovyan, DVM from the Animal Clinic of Milford are sponsoring a low-cost rabies clinic on June 5 from 1-3 pm at Woodbridge Regional Animal Control, 135 Bradley Rd, Woodbridge.

Price is \$18 per dog or cat; cash or check only. Please try to bring exact change. If you bring proof of previous vaccination a

three year vaccine will be given to all eligible dogs. Otherwise, your dog will receive a one-year vaccine.

Please remember that June is dog licensing month. Dogs must be licensed through the Town Clerk's Office. You must provide proof of a current rabies vaccination to license or renew your dog license. Please help us keep your pets safe. For any questions please call Woodbridge Animal Control at 203-389-5991.

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Woodbridge Cub Scout News

The Woodbridge Cub Scout Pack 902 held their 2016 Blue and Gold Carnival and Banquet on Sunday Feb. 21st. This annual event celebrates the scouting birthday. Cub Scouts and siblings enjoyed carnival themed games and activities followed by a banquet with pack families and scouting friends.

Three 5th grade Webelos from Pack 902 completed their Cub Scout trail and earned the Arrow of Light, the highest rank a Cub Scout can earn and the only badge that can be carried forward onto the Boy Scout uniform. The promoted Scouts were welcomed to Boy Scout Troop 63. Charlie Whiting participated in the advancement ceremony.

For information on Cub Scouting (Grades 1-5) or Boy Scouting (ages 10-18) email: scouting06525@gmail.com



Pictured, back row, left John Zeek, outgoing Troop 63 Scout Master, Promoted Scouts: Henry Atwood, Jack Shwisha, Christopher Sturtevant with Charlie Whiting, and far right, John Turski, incoming Troop 63 Scout Master. Front row are Boy Scouts from Troop 63.

Garden Club Hosts Plant Sale



The Garden Club of Woodbridge will hold a plant sale on Saturday, May 14, 2016 from 9:00 am to 12:00 pm in the Grove behind the

Old Fire Station in Woodbridge Center. A wide variety of perennials and shrubs will be available with an emphasis on native plants. The Garden Club is committed to promoting a healthy natural environment in our rural town by encouraging residents to choose native flowers, trees and shrubs. The sale will also

include a selection of easy to grow herbs and a tag sale of garden related items.

Proceeds from this sale will support the Garden Club's efforts in programs open to the public and support the maintenance of our town garden.



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Town of Woodbridge Holds Business Sector Meetings

The Town of Woodbridge is initiating business sector meetings in order to strengthen economic development.

At sector meetings First Selectwoman Ellen Scalettar invites business representatives from the same industry to meet with each other and discuss common issues.

The first sector—Real Estate and Commercial Property Owners—met in February at Town Hall. The conversation centered on Town and State projects, such as the effort to improve signage in

the Business District, improve safety for cyclists and pedestrians in the area and the state's plans for Exit 59. Scalettar also sought input from realtors on how to better welcome new residents to Woodbridge and market Woodbridge to new residents and businesses. Additionally, realtors had time to speak with each other and the First Selectwoman about industry trends.

The Health Care sector met in April and Retail and Restaurants will meet on May 18 at 9 am. If you'd like to attend, please let Assistant Administrative Officer Betsy Yagla know by calling 203-389-3403 or

emailing byagla@woodbridgect.org. "My goal is to take our economic development efforts to the next level. We will continue to provide meaningful networking opportunities for our local businesses and to learn if there are any industry trends or concerns with which the Town can be helpful," said First Selectwoman Scalettar.

To learn about future sector meetings (manufacturing, professional services and home businesses) and other business news, sign up for the business email newsletter at tinyurl.com/WoodbridgeCTBiz.

Town To Offer Zoning Surveys

What do you want Woodbridge to look like in the future? Woodbridge is embarking on an update of its zoning regulations for the Woodbridge Village District and the Greater Woodbridge Business District. In May 2016 the Town will launch a series of online preference surveys aimed at soliciting opinions from the public on the form and scale of buildings and how they impact public spaces. The link to these surveys will be available on the Woodbridge Town website as soon as they are activated (www.woodbridgect.org). The update of the Zoning Regulations is a critical step in implementing the Town's recently adopted Plan of Conservation + Development (POCD).

The surveys will show a series of photographs and other images. Respondents will be asked for their opinion of the images; what they like, what they don't like. The surveys will cover three areas: residential, mixed-use, and local commercial and public buildings and spaces. The results of the survey will be used to help calibrate the proposed zoning regulations so that what is built in the future reflects public preferences, and allows for the possibility of increasing the Town's tax base. A report of the survey results will be submitted to the Planning + Zoning Commission identifying the most, and least popular design and planning principles among the respondents.

Outward Migration From Connecticut Sparks Debate

By Themis Klarides

Recent stories and articles in state newspapers and on web sites have sparked interest and a debate over why people are leaving Connecticut. It is true according to the most recent census data and actual tax filings: More people left Connecticut from 2013 to 2014 than moved in.

About 26,000 more people moved out of Connecticut than moved in between July 2013 and July 2014, according to estimates from the U.S. Census Bureau. Including births, deaths and international migration, the state's overall population dropped by 2,664 people.

The net migration to other states was .73 percent which might seem like a small percentage of the state's overall population of 3.5 million. But it was the fourth highest percentage loss after Alaska, New York and Illinois. Those people that moved took a lot with them – income the most obvious. We lost net income to 41 states, a considerable factor when it comes to explaining why our state's fiscal health has deteriorated.

I recently spoke to a former Connecticut resident who is now living in Florida and had penned an op-ed in a state newspaper. He explained in his piece that he was a member of what he called the East Coast Lunch Club, a loose group of ex-Connecticut patriots who have relocated. He mused that he has more friends in Florida now than he had in Connecticut. In 2013 Connecticut lost net income of \$1.1 billion to Florida. He and his friends, he said, were not millionaires or billionaires who could choose to live anywhere. They were hard working, largely middle class people who wanted to escape Connecticut's cold winters and high taxes.



Themis Klarides

We can't do anything about the cold weather but we sure could address the rest of the items on his list.

Historical Society Hosts Archaeology Lecture and Tavern Night



The Amity and Woodbridge Historical Society will host a Membership Annual Meeting with Dr. Cosimo Sgarlata as their guest speaker. "What Goes Up

Must Come Down! Upland Archaeology of West Rock Ridge in South-Central Connecticut" is the title of the presentation.

Dr. Cosimo Sgarlata, an archaeology professor at Western Connecticut State University will be giving this presentation based on his research of the West Rock Ridge right here in Woodbridge, and how archaeological studies of the ridge can fill in important details about the ways of life of ancient people living in south central Connecticut.

Please join us to learn more about the history of our town on Sunday May 15 at The First Church Parish House, 5 Meetinghouse Lane, 2 to 4 pm. This event is free and open to the public, and refreshments will be served.

In addition, the Historical Society is planning their spring Tavern Night for June 12, 5 to 8 pm at the Historic Thomas Darling House. Guests can enjoy the atmosphere, live music, food and drink as the members of the Amity and Woodbridge Historical Society turn the Darling House into an old fashion tavern.



Prices are \$45 for members and \$60 for non members of the historical society. The event is by reservation only and can be made at info@woodbridgehistory.org.

Woodbridge Hosted Business After Hours in March

Working with the Economic Development Commission, the Town is organizing various business networking opportunities, including business sector meetings and business happy hours.

The business community recently gathered at a Business After Hours happy hour at New England Brewing Company in March. Brewery owner and Woodbridge resident Rob Leonard offered a tour of the popular brewery and samples of beer.



"Supporting our local businesses has been one of my focus areas," First Selectwoman Ellen Scalettar told the crowd of nearly 50. "These happy hours are a great way for our business community members to learn about and from each other in a local setting."

Previous Woodbridge Business After Hours events have been held at Wheeler's Restaurant, the JCC and Grimaldi's Pizza.

To learn more about Woodbridge business news and events, sign up for the business email newsletter at www.tinyurl.com/WoodbridgeCTBiz.

Animal Assisted Therapy

Do you feel better when you see your pet at the end of the day? There is no surprise to this experience since being with certain animals has been shown to improve mood, self-esteem, and general happiness. Historically animals have played a huge role in human's lives- from animal labor to companion. Since the 1700's animals have been incorporated into health treatments, in fact, hospitals frequently had farms associated with them.

Currently, animal assisted therapy can take many forms. Animals, especially dogs, visit patients in nursing homes and hospitals reducing the sterility of those environments and improving treatment effectiveness. Patients are also participating in

Continued on next page

Give Your Investment Portfolio a “Spring Cleaning”

Now that winter is over, you might look around your home and decide it's time for some sprucing up. But why not take the opportunity to do some “spring cleaning” on your investment portfolio?

For starters, “dust off” your investment strategy. Over time, your financial goals, family situation and even risk tolerance can change, so it's a good idea to review your overall strategy to make sure it's still appropriate for your needs. Also, get rid of “clutter” in the form of investments that are almost identical to each other. You might find better opportunities for the money.

Here's another cleaning tip: Look for “stains” on your portfolio. If you have investments that have consistently underperformed, you may not want to just hold them and hope for a turnaround. Instead, consider selling them and using the proceeds to fill gaps in your holdings.

By following these tips, you can help get your investment portfolio in shape for spring – and for the seasons that follow, too.

Robert Condon
Edward Jones Financial Advisor, Woodbridge

Spring is here! Time to get running!

Running is one of the very best activities you can participate in to improve your physical condition.

After another long winter, I'm sure many of you are itching to start working out, but don't forget the importance of having the correct type of footwear for your activities. If you are a runner, or aspire to be one, then it is vital that you get fitted for the right shoes.

Some studies suggest that more than 50% of runners get injured running EACH YEAR! You can minimize your chances of injury by wearing the correct running shoes. You need to make sure they fit

properly, have the correct support and are the correct size.

Here are a couple of things to remember:

- 1) Sizing – most people need to go up one half to a full size in running shoes compared to their dress shoes. It is vital that you have enough room in the toe box area so your feet can swell or properly expand when running.
- 2) Make sure the shoes you buy have the correct level of support for your particular foot type.
- 3) Don't go by color! Many people choose

running shoes based on looks rather than performance. There are so many great running shoe options available now that you can get both form and function in our running footwear.

Any specialty running store can perform a basic gait or foot analysis and, by asking the right questions, help you pick out the right type of shoe for you.

Once you get the proper shoes you can be on the road to a successful summer of training!

Chris Dickerson
Woodbridge Running Company

ANIMAL ASSISTED THERAPY... Continued from page 18

therapy with horses in the form of equine assisted psychotherapy and hippotherapy. Horses can provide insight into the patient's issues through metaphors. Utilizing the unique intuitive power of horses, facilitators help clients learn more about their issues and make changes in a relaxed, non-intimidating setting.

Dogs and horses provide support in a way that humans and medication cannot. They increase the effectiveness of therapy or provide standalone therapy themselves.

Scientific research shows clearly that animal assisted therapy decreases blood pressure, anxiety, and depression among other

things by increasing oxytocin and serotonin, making animal assisted therapy an excellent alternative to pharmacological treatment.

In fact, studies have shown that not only does animal interaction make you feel better, but it makes the animal feel better as well. Next time you hang out with your pet take note of how good you feel!

Dr. Claire Wiseman
Red Sky, Animal Assisted Therapy

JCC's Free Family Fun Day Is Sunday, May 22



Everyone Welcome to Annual Family Event Featuring: Touch-A-Truck, Train & Pony Rides, DJ & Dancing, Food, Crafts, & More!

The JCC is gearing up for our annual Family Fun Day featuring Touch-A-Truck on Sunday, May 22, 2016, from 11 am-2 pm at the JCC of Greater New Haven, 360 Amity Rd., Woodbridge.

Sam Kantrow from WTNH8 will be hosting and bringing the StormTeam8 Mobile Weather Lab. Hundreds of families attend this popular event that features more than 20 trucks on display, train rides, pony rides, a DJ and dancing, Kids' Zumba, food, bounce house, crafts, vendors, and more. Free Touch-A-Truck and free parking at the JCC, with some fee-based activities. Come join the fun!

Limited vendor spaces and event sponsorships still available. This community event will be held rain or shine.

WHAT: JCC's Family Fun Day Featuring Touch-A-Truck

WHEN: Sunday, May 22, 11 am-2 pm.

WHERE: 360 Amity Rd., Woodbridge, CT

MORE: Information: marab@jccnh.org or jccnh.org



About the JCC of Greater New Haven: The JCC of Greater New Haven is a nonprofit organization that provides a warm, friendly atmosphere for health, thought, learning and values.

Our mission is to facilitate total wellness through programs that stimulate mind, body and spirit.

Staging Your Home to Sell

Why isn't my home selling? It's sunny, bright, safe, and clean, and it's in a desirable neighborhood. Great schools, easy access to New Haven and the highway. The reality is, having what we call "good bones" is only half the battle. If you asked an Interior Designer, they might respond "How well is it staged?"

When you list a home for sale, you need to look at it from the viewpoint of everyone else that is coming through to look at it. It may be safe and clean, but will it fit their furniture? Where would they hang the family portrait? Most people have a hard time looking at someone else's home and

envisioning their lives – their furniture, furnishings, day-to-day activities, etc. – inside of it.

Interior Designers recommend staging a home in order to appeal to the widest array of people. This doesn't necessarily mean taking out all of your furniture – on the contrary, often a quick rearrangement and addition or removal of a few pieces will do the trick.

The important thing is to make your home feel generic and impersonal. This might seem counterintuitive, but when you remove your family portraits and

evidence of your lives in the home, it becomes much easier for a potential buyer to see their lives in the home.

If your home has been sitting on the market for a while and won't budge, try asking an Interior Designer. It may just need some staging!

Design by the Jonathans is a Woodbridge-based Interior Design firm that creates a wide variety of design solutions for their clients, from renovations to decorating to staging for sale.

Jonathan Gordon, Design by the Jonathans

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Local Parkinson's Exercise Program Shows Great Results in Helping People with Parkinson's Feel Better

East Shore Region Adult & Continuing Education is hosting classes by *Beat Parkinson's Today*, an exercise program designed specifically to improve Parkinson's symptoms.

There are presently 12 classes per week in 4 locations in CT with almost 50 Parkinson's clients participating.

Results have been astounding. Clients have improved gait, balance, fine motor control, explosive movement, attitude, self-image, and fatigue. Some have lowered their dosage of their medications.

Beat PD Today has classes for people of all ages and all stages of the disease. BeatPD Today is a program

developed through personal trial and error by Michelle Hespeler, who said: "these classes were born out of the desire to offer People with Parkinson's a way to feel better – both physically, and emotionally. We've found that, in addition to the endorphins that are generated, the results are incredibly positive. As a person with Parkinson's, I can attest to that personally. Exercise has made a huge difference for me."

The Beat PD Today program is an affordable exercise class based on national research around the benefit of exercise to alleviate Parkinson's symptoms and slow the progression of the disease. Every workout is scalable to each individual within the group class.

The Beat PD Today program focuses on full functional body movements that we use in everyday life. Our sessions use a variety of basic equipment such as ropes, TRX, kettle bells, BOSUs, weights and medicine balls. We create work-outs in each session specific to the group's needs.

The classes will encourage brain stimulation, challenge balance and stability and teach proper technique and form – all in an encouraging group setting.

Please register by phone/text, 860.463.3747, email at info@beatpdtoday.com, or website www.beatpdtoday.com.

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First Selectwoman Continues Business Visits

First Selectwoman Ellen Scalett has been visiting local businesses to highlight them as part of the “*Shop Woodbridge, Dine Woodbridge, Try Woodbridge*” campaign.

Recently she visited Curtain Call, a home-based business that designs and makes custom window treatments; Coachman Square, a senior living community; and The Spice is Right, a sandwich shop and catering company.



First Selectwoman visits
Curtain Call

Curtain Call owner Adrienne Micci-Smith began her business with her mother’s 60-year-old Singer sewing machine. She’s since upgraded to a fully equipped professional workroom with industrial machines.

In addition to making window treatments, Micci-Smith makes bedspreads, cushions and pillows and is an authorized dealer of the Hunter Douglas brand of blinds, shades and shutters. Most of her customers know what they like and know what they want whether it be privacy, beautification or light control, and Micci-Smith’s job is to show them options to fit their needs and guide them through the process.

At Coachman Square, Scalett received a tour from 90-year-old resident Shirley Drazen. Drazen showed Scalett the community’s library, pub, ice cream parlor, dining room, beauty parlor and activities room where bridge, bingo, arts lessons, weekly manicures and more are held. “I can see why you’re so happy here, but how’s the food?” Scalett



First Selectwoman visits
Coachman Square

Amity Students Register To Vote

Per State Statute, Registrars of Voters from Bethany, Orange and Woodbridge facilitated two days of voter registration at Amity Regional High School on March 30 and March 31.

Each high school senior English class attended an online registration session in the school’s media center. In addition to registering to vote, the students were instructed on upcoming voting opportunities and absentee voting procedures.

asked Drazen. “I’ve gained 10 pounds, so obviously it’s not too bad,” she joked in reply.

Drazen and her neighbors live in rental apartments. Rent is on a sliding scale, based on the size of the apartment (studio, 1 bedroom or 2 bedroom) and the amount of care needed. The community provides 24-hour nursing oversight and is designed so that residents can age in place.

Ken Maratea opened The Spice is Right, a new catering company and sandwich shop located in Selden Plaza in late February.



First Selectwoman visits
The Spice Is Right

Maratea specializes in corporate catering, but also does parties, weddings and other events. He previously owned a restaurant in North Haven, Ken and Jerry’s, and the West Main Grille in Cheshire. Both were sit-down restaurants and he’s happy to focus on catering now.

The Spice is Right’s menu includes cold deli sandwiches, hot sandwiches, specialty sandwiches, burgers, hot dogs, quesadillas and salads.

He also makes deli sides, stuffed breads, a variety of homemade soups and chilis, plus breakfast sandwiches and breakfast burritos.

If you would like the First Selectwoman to tour your business, please contact Assistant Administrative Officer Betsy Yagla at byagla@woodbridgect.org or 203-389-3403.

To stay up to date on Woodbridge business news and events, sign up for the Town’s business email newsletter at tinyurl.com/WoodbriectBiz.



Bethany Registrar of Voters Pua Ford assists Amity seniors with the Secretary of the State’s on-line voter registration site.

Youth Services Hosts Semi-Formal Dance

More than 100 middle school students attended the annual semi-formal dance on Friday, April 1st at the Woodbridge Senior Center cafeteria. The kids danced, played DJ games and ate delicious treats donated by area restaurants. The black light dance featured balloon decorations by Kate's Hot Air and a graffiti wall using highlighters that glowed in the black lights. Many thanks to



On the Border Mexican Grill, Wood 'n' Tap, Woodbridge Social, Stop & Shop, Big Y and Wheelers Restaurant for their generous donations. Thanks also to Amity Bowl, Monster Golf, D'Aniellos Amity Bike Shop, the JCC of Greater New

Haven and the Country Club of Woodbridge for their generous raffle prize donations. The event could not be possible without parent volunteers. Woodbridge Youth Services in conjunction with the Town of Bethany hosted this successful event.



Woodbridge Job Bank

Are you looking for someone with lots of energy to help around the home or in the yard? Perhaps you're looking for a babysitter or a dog walker. Try calling the Woodbridge Job Bank for teens who want to work. Please contact us at 203-389-3429.

Job Bank Open To Woodbridge Teens

Woodbridge Youth Services offers resident teens, ages 13 – 17, the opportunity to join its Job Bank. Jobs may include yard clean-up, babysitting, housecleaning, planting, animal care and more. Call 203-389-3429 or e-mail npfund@woodbridgect.org to schedule an interview.

Youth Award Winner

Audrey Grotheer Selected as 2016 First Selectman's Youth Award Winner



Audrey Grotheer: Winner First Selectwoman's Youth Award
Photo Courtesy of Julia Gerace, photographer

Woodbridge First Selectwoman Ellen Scalett and Woodbridge Youth Services congratulate Audrey Grotheer, a dedicated senior at Amity High School, for earning the 2016 First Selectwoman's Youth Award. Ashley Mozealous, a school counselor at Amity, nominated Audrey for her many accomplishments and her efforts in the Town of Woodbridge. According to Ms. Mozealous, cheerfulness, graciousness, and a kind-hearted nature are attributes that Audrey displays as she approaches her work.

Her community service includes Town Library programs such as Reading Together which pairs teens with younger students, Crazy 8's Math, and other programs. Ms. Grotheer is also a student member of the Woodbridge Youth Advisory Board, and has shared her time with Youth Services at various Youth Evening Programs decorating, registering students, and cleaning up after events.

Additionally, Ms. Grotheer volunteers as a peer tutor at Amity High School, and is involved with volunteer work through the Art Honor Society and the Spanish Honor Society.

Audrey is a pleasant, unassuming young woman who remains true to herself as she pursues her goals. She is a dedicated member of the Amity Theater program, and has volunteered as a camp counselor for the Amity Creative Theater summer program. Audrey, daughter of Jeanette Glicksman and Laurence Grotheer, received her award at the Human Services Volunteer Tea on April 28.

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HISTORIC WOODBRIDGE

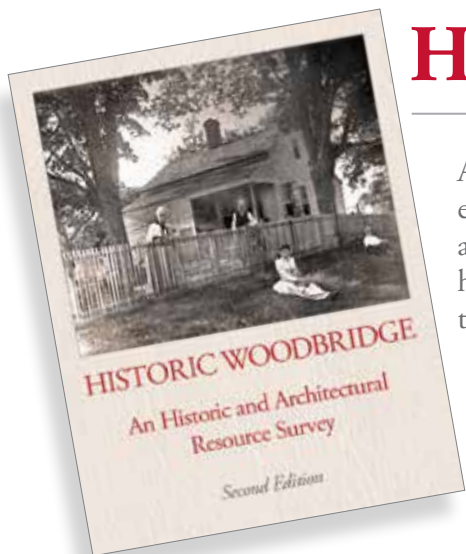
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